

Don't Miss the 2015 Children's Discovery Fair

Join us on **Saturday, April 18, 2015** at the Annual Children's Discovery Fair. This free event for preschoolers, parents and caregivers takes place at East Columbia Branch Library from 10:00 a.m. – 1:00 p.m. The event, sponsored by the Howard County Early Childhood Advisory Council, celebrates the Month of the Young Child and offers many fun, hands-on school readiness activities for children ages 3-5 years old. While children enjoy playing games, crafting, and having fun, their parents will learn the importance of school readiness and get connected to valuable community resources.

This year's theme, **"Look What's in Our Neighborhood,"** focuses on concepts in social studies and community helpers. Children participating in the Discovery Fair will have an opportunity to practice new skills, learn vocabulary words, sing songs, and much more. Early child care and education professionals are welcomed and encouraged to attend so they can learn new ways to promote social studies in their early childhood programs.

The Library will have books on display that support and build on many of the games, crafts and activities. Last year's Discovery Fair attracted more than 500 parents and children! We hope you will share this information with the families in your programs. **Admission is free, but families are encouraged to bring a non-perishable donation for the Howard County Food Bank. For more information, call 410-313-7750 or 410-313-1940 or email children@howardcountymd.**



2015 Children's Discovery Fair
Saturday, April 18 | 10 am - 1 pm
East Columbia Branch Library

Conference Save the Date! September 19, 2015

Open to all child care providers (center staff, directors, owners, family providers, and school-age providers), this conference will provide ample opportunities for everyone to learn and grow. This year, **The Developing Children Through All Ages** conference will focus on the latest brain research and it's connection to all aspects of early childhood development. Join us Saturday, September 19, 2015 at the Sheraton Columbia Town Center Hotel for a full day of professional development, networking, and inspiration. Registration materials will be available beginning July 1, 2015.

Howard County Office of Children's Services Hours

RESOURCE ROOM HOURS

Monday - Friday, 8 am - 4:45 pm ♦ Evening Hours Tuesday, May 5, 5 - 8 pm

OFFICE CLOSURES

Closed on the following Mondays: April 13, May 11, and June 8
Good Friday - Friday, April 3 ♦ Memorial Day - Monday, May 25

From the Howard County Child Care Resource Center

Dear Early Care and Education Professionals,
I am pleased to introduce two new staff members at the Howard County Child Care Resource Center.

Nikki Pierre, our new Training Coordinator, comes to Howard County from the Frederick County Resource Center and has a wealth of knowledge and expertise to bring to our community. **Please contact Nikki at 410-313-1923 or npierre@howardcountymd.gov to discuss any training needs.** Remember that any of the workshops offered in our training calendar can be brought to your site.

Becca Hunt is our new Administrative Assistant, she has been with Howard County for several years in another department. You will hear her friendly voice on the phone or see her smiling face when you come into the office. She is here to assist you in the Resource Room and also help with other inquiries.



I am proud to announce a new initiative in our office, The Howard County Family Institute

The Family Institute helps parents and families enhance their parenting skills and gain knowledge about child development. It is also a resource for you to expand your family engagement strategies. When you see parent trainings advertised and announced in our publications and emails, do not confuse them with child care MSDE Approved Core of Knowledge trainings. You can register and attend the Family Institute trainings, but you will not earn COK credit hours. If you have any questions about the new Family Institute trainings, please contact Lisa Rhodes at 410-313-1440 or lrhodes@howardcountymd.gov. Read more about the Family Institute on Page 4.

We are excited to offer these new programs as we continue to work hard to meet the needs of the early childhood community.

With your Interests at Heart,

Debbie Yare

Program Manager

Howard County Office of Children's Services

dyare@howardcountymd.gov ■ 410-313-1943

Community News and Notes

Howard County OCS Celebrating Successes

This annual awards program scheduled for April 28 at Ten Oaks Ballroom recognizes people who work with children in Howard County. For more information or to submit a nomination before March 13 please visit www.howardcountymd.gov/children.

Howard County GreenFest

This event will be held on April 18 from 10:00 a.m. – 4:00 p.m. at Howard Community College. This year's theme is "Living with Wildlife." This free event offers something for all ages. Visit www.hcgreenfest.org or call 410-313-6433 for more information about this event.

WomenFest

This event will be held on April 25 at the Gary J. Arthur Community Center in Glenwood. Coordinated by the Department of Citizen Services' Office on Aging, this event features free health screenings, engaging seminars, workshops on self defense, and much more. For more information, contact Courtney Barkley at 410-313-5957, or cbarkley@howardcountymd.gov or visit www.howardcountyaging.org/WomenFest.



The Nest and Training Calendar is published quarterly by the Howard County Office of Children's Services.

To contact us, or to join our email subscriber list, email children@howardcountymd.gov

www.howardcountymd.gov/children

Visit us online for information on programs and services; to sign up for classes & workshops; and for updates on training classes, parent workshops and upcoming events.

Howard County Office of Children's Services

3300 North Ridge Road, Suite 380

Ellicott City, MD 21043

410-313-1940 (VOICE/RELAY)

RESOURCE ROOM HOURS

MONDAY – FRIDAY, 8:00 AM – 4:45 PM

Find us  [www.Facebook.com/HoCoCitizen](https://www.facebook.com/HoCoCitizen)

This information is available in alternate formats upon request.

PLEASE FEEL FREE TO SHARE THIS PUBLICATION

Resources for Family Engagement There's an App for That!

Share these apps with the families in your program as a way to involve families in their children's learning on the go.

Let's Play - Zero to Three Years

Let's Play, is a parenting app for on-the-go families. From the daily commute, to bed and bath time, this app proposes learning opportunities for young children to engage in while their families move through their daily routine. <http://zerotothree.org/policy/beyond-the-word-gap/interactive.htm>

Daily Vroom

Daily Vroom is an app that helps busy parents make the most of the time they have. Whether it's mealtime, bath time, or anytime in between, there are always ways to nurture a child's growing mind. Turn fun, everyday moments into brain building moments.

<http://www.joinvroom.org>



PBS Parents Play and Learn

The bilingual (English/Spanish) PBS Parents Play and Learn is a collection of interactive games that are fun and educational for parents to play with their young children when they are at the store, the zoo, or other familiar locations. <http://pbskids.org/apps/pbs-parents-play--learn.html>

Setting the Stage: Assessment in Early Education and Care

Formerly known as Maryland Model for School Readiness 2013, this training has been updated to better reflect the child care providers, children and families of today's early care and education communities. The training consists of five, six-hour modules totaling 30 hours of high quality training. The training is perfect if you have never taken MMSR training before, did not complete the 9 modules, have never implemented MMSR in your program or took MMSR over five years ago.

If you are interested in bringing this training to your center or want to be notified when a new series is beginning, contact Nikki Pierre at 410-313-1923 or npierre@howardcountymd.gov.

Resources for Early Care and Education Professionals

New Resource Guide

Supporting Every Young Learner: Maryland's Guide to Early Childhood Pedagogy, Birth to Age 8 is a comprehensive publication designed to inform and engage early educators on evidence-based practices of teaching and learning. Visit MSDE website to download the guide <http://bit.ly/Guide2EarlyPedagogy>

Subscribe to the Maryland EXCELS eNews

Did you know that you can get monthly email updates about Maryland EXCELS? It includes up-to-date participation data, spotlights and profiles outstanding programs, community events calendar, training opportunities, professional tips, and more. Check out the latest issue at <http://tinyurl.com/eNewsNov14> and subscribe to futures issues of EXCELS enews at: <http://tinyurl.com/MarylandEXCELSenews>

Free Child Care Weather Watch Chart

Maryland's Department of Health and Mental Hygiene recommends the Iowa Health Department's Child Care Weather Watch Wind-Chill and Heat Index Factor Charts as a guide when taking the children in your care outside for activities or play. <http://www.idph.state.ia.us/hcci/common/pdf/weatherwatch.pdf>

Air Quality Alerts

You can sign up to receive email alerts for air quality at www.enviroflash.info

2015 Parent's Guide to Howard County

The 2015 Parent's Guide is now available online at <http://www.howardcountymd.gov/parentsguide>. The Parent's Guide contains resources for parents and early care and education professionals. To request a guide for yourself or for the parents in your program, call the Office of Children's Services at 410-313-1940 or email your request to children@howardcountymd.gov.

Port Discovery Children's Museum

The museum offers early childhood programs on Wednesdays, 10 am -1 pm through April 29. For additional information, visit www.portdiscovery.org or 410-864-2664.

Professional Development Planning Tips

As you are planning your professional development for the next year, keep in mind that new regulations are scheduled to take effect in 2016 include several required training workshops. If you have taken these workshops in the past, you do not have to repeat them.

Effective January 2016, family child care providers will be required to take the 6 hour Medication Administration training. It is currently being offered in our training calendar on May 9, May 23, and June 13.

Effective January 2016, family child care providers and Infant/Toddler center staff will also be required to complete a Breastfeeding Support Training. This training is currently being developed. In addition to the training, this regulation also requires each program to provide a space for mothers to breastfeed or pump.

Effective July 2016, all providers will have to complete two other trainings. The first is entitled “Including all Children and the Americans with Disabilities Act” which is being offered on June 4. The second is the developmental screenings overview entitled “On Track: All Aboard for Developmental Progress” being offered on May 2 and June 6. Tool specific training will also be available for programs once they have selected their developmental screening tool.

Maryland EXCELS

Maryland EXCELS participation continues to increase in Howard County and monthly Support Group Sessions are held by Rena Dubensky and Joan Johnson on select Saturdays from 8:30 – 10:30 am. You are welcome to join us for one or more of these sessions scheduled for March 21, April 25, May 16 and July 20, 2015. During these sessions, we work one-on-one or in small groups identifying, producing and uploading documentation necessary to meet the requirements of your EXCELS level.

For Assistance

Joan Johnson, Early Childhood Specialist is available to assist in accreditation, credentialing, curriculum support, environment rating scales, assessments, and developmental screenings. Reach her at jmjohnson@howardcountymd.gov or 410-313-1432.

Rena Dubensky, Quality Assurance Specialist specializes in navigating the EXCELS process and uploading of documents to the website. Reach her at rena.dubensky@maryland.gov or 410-750-8773.

Please note that the deadline for programs accepting Child Care Subsidy to register for Maryland EXCELS is extended until June 29, 2015.



The Family Institute offers Informational Sessions, Training Workshops and Resources for Parents on Child Development, Positive Discipline and Adolescent Issues

The Family Institute

A PARENT EDUCATION PROGRAM • Howard County Office of Children's Services

The Family Institute kicked off 2015 by increasing the number of trainings provided to families in the Howard County community. With topics such as nutrition, discipline, school readiness and adolescent issues, many parental concerns are addressed next quarter and the topics will continue to expand. How does this benefit you?

- Host your own family information night by scheduling a training at your location
- Refer to specific classes when there are concerns addressed at parent teacher conferences
- Share the Family Institute Workshop Calendar with your families as a community resource
- Encourage families to attend together and grow your engaged and educated community

In working with families daily, you may hear parents' frustrations and see their struggles. Happy families bring happy children, which makes for a happy environment. If you see a need that doesn't have a corresponding workshop, please submit topic suggestions to lrhodes@howardcountymd.gov. Be a part of the Family Engagement movement and share resources to help families prosper!

Visit the Family Institute at www.howardcountymd.gov/familyinstitute for the current workshop schedule!

Care Center Corner

The CARE Center is here for you!

Challenging behaviors in child care programs are common. Children often use behaviors to communicate their needs.



A 3-year-old boy kicks and screams because he doesn't want to clean up his blocks and get ready for circle time.

A 4-year-old girl grabs toys away from a playmate while her mother looks on, feeling slightly embarrassed about her child's behavior.

Sound familiar? As parents and educators we are often perplexed about how to handle our preschool child's challenging behavior. The CARE Center can help!

Families and early care and education providers throughout Howard County can call on the CARE Center to help with children's challenging behaviors. Behavior consultants are assigned to work collaboratively to identify a child's behavior and assist in developing effective interventions and strategies. Through a series of observations, discussions, and assessments, behavior consultants design a plan to address an individual child's behavior or classroom environmental obstacles. The goal is to replace the negative behavior with a positive, more appropriate response.



Behavior consultants are here to support you, and we understand your frustration. We empathize with all the steps you have taken to try to rectify a situation that disruptive behavior can produce and work with you every step of the way.

Contact the CARE Center

Call - 410-313-CARE (2273) OR

Email - children@howardcountymd.gov

QUICK REFERENCE GUIDE TO SERVICES

Local Resource Numbers (voice/relay)

Howard County Office of Children's Services
410-313-1940

Child Care Food Program
410-767-0214

Locate: Child Care Line (for parents)
877-261-0060

Locate: Child Care Line (for providers)
866-752-1614

Child Care Subsidy
410-872-8700

Child Protective Services
410-872-4203

Early Intervention Services
410-313-7017

The Family Institute
410-313-1440

Howard County Family Child Care Association
301-776-4841

Howard County Health Department
410-313-6300

Howard County Office of Child Care
410-750-8771

MSDE Credentialing Help Desk
410-767-7852

Maryland Children's Health Program
410-313-7500

Maryland Poison Center
800-222-1222

Subsidy Payment Questions
866-243-8796

The CARE Center
410-313-CARE (2273)

ONSITE TRAINING

In addition to the normal training calendar, the Howard County Resource Center is available to conduct on-site trainings on a variety of topics for your program or group. Choose from any of our approved trainings or work with us if there is a specific training you desire. Some trainings that we are encouraging centers to schedule for onsite are: Including All Children and the Americans with Disabilities Act, the developmental screening overview entitled "On Track: All Aboard for Developmental Progress," Playground Safety and Taking Learning Outside. Contact our Training Coordinator Nikki Pierre for information at npierre@howardcountymd.gov or 410 313-1923.

BUSINESS ADMINISTRATION SCALE (BAS)

Managing a high-quality family child care program and maintaining your business can be challenging. This training will provide the tools needed to improve your family child care business practices, help you to move forward on the path to quality, and position your program for Maryland EXCELS. This workshop is not currently scheduled, but we are compiling a list of interested family child care providers. For more information on the BAS program benefits or to add your name to the interest list, please email Joan Johnson at jmjohnson@howardcountymd.gov or call 410-313-1432.

Potential Family Child Care Provider Training

Applicants for a Family Child Care License must satisfy a series of training requirements set by the Office of Child Care. We do not have these workshops scheduled in the current calendar, but if you are interested please call our training coordinator Nikki Pierre at 410-313-1923 to get on our interest list. We will schedule the series once we have a few interested participants. If you have questions about getting your license, required training classes, setting up your business, or another aspect of running a family child care business, contact Joan Johnson at 410-313-1432 or jmjohnson@howardcountymd.gov.

CORE OF KNOWLEDGE

Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific areas of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program.

The Core areas are abbreviated as:

CD: Child Development	COM: Community
CUR: Curriculum	HSN: Health, Safety, Nutrition
PRO: Professionalism	SN: Special Needs

OCC Workshop Training Requirements

Family Child Care - New Applicant

- ♦ All six 4-hour Initial Training Modules
- ♦ 6-hour class in Emergency and Disaster Preparedness
- ♦ Infant/Child/Adult CPR and First Aid Certifications
- ♦ SIDS: Sudden Infant Death Syndrome

Family Child Care - First Renewal Year

- ♦ 3 hours training in each of 4 areas: Child Development, Mixed Age Groups, Health/Safety/Nutrition, and Professionalism
- ♦ 6 additional hours of approved training in any area
- ♦ Current First Aid and CPR certifications

Family Child Care - After First Renewal

- ♦ 6 hours of approved Core of Knowledge training
- ♦ 6 additional hours of approved training in any area
- ♦ Current First Aid and CPR certifications

Child Care Center Staff

For current staff staying in the same positions:

- ♦ Aide/Assistant 6 hours per year
- ♦ Child Care Teacher 12 hours per year
- ♦ Child Care Director 12 hours per year

New hires and staff moving to new positions are subject to additional requirements.

Questions about Training Requirements?

- ♦ Contact Joan Johnson, Technical Assistance Specialist jmjohnson@howardcountymd.gov or 410-313-1432.
- ♦ Contact the Howard County Office of Child Care at 410-750-8771.
- ♦ Contact your county's Child Care Resource Center or the Maryland State Department of Education at MSDE Office of Child Care.

Training Calendar

- ▶ Registration and payment are required in advance for all classes
- ▶ Save 10% when you register online at www.howardcountymd.gov/training
- ▶ To register by phone or for additional information, call 410-313-1442



Workshops are held at the Office of Children's Services, 3300 N. Ridge Road, Suite 360, Ellicott City, MD 21043, unless otherwise noted.

APRIL • MAY • JUNE 2015

APRIL

Strategies for Monitoring Media & Maximizing Movement

Tue, April 7 / 6:30 - 9:30pm / \$23

3 hrs HSN / C. Lothen-Kline

Promoting health and wellness is an important aspect of a child care program. Learn skills to promote healthy habits in your child care setting, and ways to educate and support others. Topics will include developing wellness policies, including technology in a healthy way, and talking with families about sensitive health issues.

FCCP: Health, Safety, Nutrition Module

Wed, April 8 / 5:45 - 9:45pm / \$25

4 hrs HSN / M. Conway

Learn the basic concepts of health, safety and nutrition for family child care including: emergency preparedness, menu planning, and other health and safety needs of young children. This class is part of the Initial Training Series, required for family child care applicants and is also open to current providers for continued training.

Developmentally Appropriate Supervision

Thu, April 9 / 6:30 - 9:30pm / \$23

3 hrs CD / J. Johnson

Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to maximize children's learning opportunities.

Infant/Child and Adult CPR/AED Certification

Sat, April 11 / 8:00 - 10:30am / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.

First Aid Certification

Sat, April 11 / 10:45am - 1:15pm / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.



NEW! Get Ready! Get Set! Transition

Mon, April 13 / 6:30 - 9:30pm / \$23

3 hrs (1 CUR, 1 PRO, 1 CD) / S. Peyser

Explore and define the different types of transitions in your program and explore how they are difficult for children. Explore strategies for reducing the stress of transition on children and to be proactive by making transitions smooth and fun.

Autism Spectrum Disorders: Learning the Basics

Tue, April 14 / 6:30 - 9:30pm / \$23

3 hrs SN / Project ACT

This overview of autism spectrum disorders provides an understanding of these diagnoses. Learn the complexities of working with children with autism spectrum disorders, examine current research, and learn practical and effective intervention strategies.

Communication Strategies: Making the Connection

Thu, April 16 / 6:30 - 9:30pm / \$23

3 hrs COM / B. Egerton

Communication skills are vital to establishing positive relationships. Learn to create an atmosphere of positive communication with parents, children, and coworkers.

NEW! How to Teach Mindfulness & Relaxation Skills to Children

Mon, April 20 / 6:30 - 9:30pm / \$23

3 hrs (1 CUR, 1 CD, 1 SN) / B. Cassels

Learn how to incorporate mindful techniques and activities into your environment to help children feel more relaxed, aware, and focused. Experience first-hand how there is a quality of harmony and calm in an environment where mindfulness is practiced. This workshop will be interactive please dress comfortably to participate fully in activities.

Powerful Pause: The 5 Steps of Self-Regulation

Sat, April 25 / 9:00am - 4:00pm / \$40

6 hrs (3 CD, 3 COM) / A. Moriarty

Self-regulation is the conscious and unconscious ability to regulate our thoughts, feelings, and actions in service of a goal. Learn the 5 steps so you can coach children through "big" emotions. Learn basics of neuroscience research which supports the idea that our relationship to our emotions shapes our brain.

Bring a bagged lunch.



Training Calendar

Project Security Blanket

Thu, April 23 & 30 / 6:30 - 9:30pm / \$40

6 hrs (3 PRO, 3 HSN) / J. Johnson

Must attend both nights and complete an emergency plan to receive a certificate. Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family/community concerns are covered. Your plan will address multiple aspects of emergency preparedness.

Sensory Sensitivity

Mon, April 27 / 6:30 - 9:30pm / \$23

3 hrs (2 SN, 1 CUR) / Project ACT

Gain a greater understanding of sensory integration and how sensory issues can impact all children, especially those with autism spectrum disorders. Learn sensory activities that will assist children in being successful in their learning environments.

MAY

On Track: All Aboard for Developmental Progress

Sat, May 2 / 8:30am - 12:30pm / \$30

4 hrs (2 PRO, 2 CD) / J. Johnson

Join us for an overview of the developmental screening tools and their benefits. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

MMSR Domains for Preschoolers: Math

Mon., May 4 & 18 / 6:30 - 9:30 pm / \$40

6 hrs (4 CUR, 1 CD) / C. Bethke

Must attend both nights to receive a certificate. Workshop will focus on how to help children develop a good foundation in mathematics from numbers and operations to measurement. Learn how to encourage a love of math by taking advantage of everyday activities, enhancing the environment with math materials and planning meaningful math experiences.



NEW! Sign Language for Everyday Activities, Part 4

Tue, May 5 / 6:30 - 9:30pm / \$23

3 hrs (2 CUR, 1 CD) / T. James

Sign language is a valuable tool for anyone working with young children. Review basic sign language and learn signs to use during everyday activities: numbers, colors, toys, and play time. Parts 1-3 not required, but basic sign language knowledge would be helpful.

Introduction to the Environmental Rating Scales

Thu, May 7 / 6:30 - 9:30pm / \$23

3 hrs PRO / J. Johnson

Environmental Rating Scales (ERS) are assessment tools that measure the quality of child care programs in various settings. Assessment includes space and furnishings, personal care routines, language and reasoning, daily activities, program structure, and staff, children, and parent interactions.

Medication Administration

Sat, May 9 / 8:30am - 3pm / \$50

6 hrs HSN / M. Conway

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

Argh! What Can They Eat?

Mon, May 11, 2015 / 6:30 - 9:30pm / \$23

3 hrs HSN / C. Lothen-Kline

It is challenging to coordinate the likes and dislikes of the children in your care. Now add in a food allergy, intolerance, or other food related barriers, and it can make you want to pull out your hair! Explore information and tools to understand and work with food allergies, intolerances, and other food challenges.

Preventing Power Struggles

Tue, May 12 / 6:30 - 9:30pm / \$23

3 hrs (2 CD, 1 COM) / A. Moriarty

Learn what leads to power struggles and a 5-step process which can prevent them. Examine strategies and skills to get out of power struggles and how to heal after it has occurred.

Taking Learning Outside

Wed, May 13 / 6:30 - 9:30pm / \$23

3 hrs CUR / S. Peyser

Increase understanding of how outdoor learning environments and play space assist with development and learning. Explore activity planning, environment design, material and equipment selection to take your classroom outside.

SIDS: Sudden Infant Death Syndrome

Thu, May 14 / 6:30 - 8:30pm / \$15

2 hrs HSN / J. Johnson

SIDS is the sudden, unexplained death of a healthy infant under 12 months. The cause of SIDS is unknown, but there are ways to make babies in your care safer. A SIDS class is required for all family child care applicants, family providers seeking to become licensed for infant care, and center staff working with infants.



Training Calendar

NEW! Building a Strength Based Team

Tue, May 19, 2015 / 6:30 - 9:30pm / \$23

3 hrs PRO / T. Green

Explore components of effective communication and its importance in building a solid team foundation. Understand what a team is in different types of programs, how to build and maintain a team and what each member contributes to a team.

Introduction to the Maryland Credential

Thu, May 21 / 6:30 - 8:30pm / \$15

2 PRO / J. Johnson

Explore the many benefits of participation in the Maryland Child Care Credential program including: bonuses and training vouchers/reimbursement. Learn about the application process. This is also a great review for credential renewal submission.

Medication Administration

Sat, May 23 / 8:30am - 3pm / \$50

6 hrs HSN / C. Fleming

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

NEW! Coloring Outside the Lines

Tue, May 26 / 6:30 - 8:30pm / \$15

2 hrs CUR / N. Pierre

In this hands on workshop participants will learn ways to implement developmentally appropriate art activities into their program. Strategies to modify activities for all types of learners, programs, and age groups will be addressed.

Introduction to Observation and Assessment of Children

Thu, May 28 / 6:30 - 9:30pm / \$23

3 hrs CD / J. Johnson

Observation records are vital to successful planning. Learn how to create objective records, methods for collecting information, and how to use observational records in planning for children.

Infant/Child and Adult CPR/AED Certification

Sat, May 30 / 8 - 10:30am / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.

First Aid Certification

Sat, May 30 / 10:45am - 1:15pm / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.

CPR and First Aid Re-Certification

Sat, May 30 / 1:30 - 5:00pm / \$80

Certification Only / 1st Alert CPR

If your First Aid and CPR certifications are current and unexpired, you may attend this brief re-certification course. This workshop will review and test skills for both First Aid and Infant/Child and Adult CPR under the American Heart Association; certification is good for two years.

JUNE

How to Talk So Parents Will Listen

Mon, June 1 / 6:30 - 9:30pm / \$23

3 hrs COM / T. Harris

Learn how to establish relationships and work effectively with parents, even the most difficult ones! Welcome every family in to your program, prevent problems, overcome adversity, and enhance the child care/family connection.



Positive Child Guidance and Discipline Theory

Tue, June 2 / 6:30 - 9:30pm / \$23

3 hrs CD / T. Green

Do you really know what positive discipline is? Do you need some appropriate techniques to use when children are presenting challenging behaviors? Learn how motivation drives behaviors, what positive guidance is all about, and how to make it work for all of your children.

MSDE Accreditation: Orientation

Wed, June 3 / 1:00 - 3:00pm / Free

2 hrs PRO / MSDE Accreditation / J. Johnson

Workshop presents an overview of the early childhood accreditation and validation process. Become acquainted with standards, focus areas, supporting documents, self-appraisal, and rating process. Learn the validation process and discuss selecting a self-appraisal team. Workshop is required for programs (centers, preschools and nurseries only) pursuing MSDE Accreditation and Re-Accreditation. Contact Joan Johnson at jmjohnson@howardcountymd.gov for more information.

Including All Children and the Americans with Disabilities Act

Thu, June 4 / 6:30 - 9:30pm / \$23

3 SN / J. Johnson

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.



Training Calendar

On Track: All Aboard for Developmental Progress

Sat, June 6 / 8:30am - 12:30pm / \$30
4 hrs (2 PRO, 2 CD) / J. Johnson

Join us for an overview of the developmental screening tools and their benefits. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children. This workshop meets the upcoming requirement for training on developmental screenings.

Changing Faces of America's Children

Mon, June 8 / 6:30 - 9:30pm / \$23
3 hrs COM / C. Bethke

Examine the effects of culture on development. Come explore your value system through games, reflections, and discussions. Learn how to embrace the diversity of our changing world!

If They Are Mad and You Know It, Then What?

Wed, June 10 / 6:30 - 9:30pm / \$23
3 hrs CD / Project ACT

Emotions are natural, and self-control is a continually developing skill for children. Learn what happens in a child's brain when experiencing anger, and the four developmental stages of self-control.

Developmentally Appropriate Practices

Thu, June 11 / 6:30 - 9:30pm / \$23
3 hrs CUR / J. Johnson

Come learn what DAP is all about and how you can use these principles to enhance your interactions with children of all ages. Learn strategies to promote children's learning and development.

Medication Administration

Sat, June 13 / 8:30am - 3pm / \$50
6 HSN / M. Conway

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

Nutrition and Active Learning

Tue, June 16 / 6:30 - 9:30pm / \$23
3 hrs HSN / C. Lothen-Kline

Promoting nutritional wellness in young children is important in establishing healthy eating habits. Learn about the nutritional needs of children birth to 12 years of age, and how to share this information with families. Explore the physical activity needs of children and how to meet these needs appropriately.

Understanding ADHD

Mon, June 22 / 6:30 - 9:30pm / \$23
3 hrs SN / N. Pierre

Learn what Attention Deficit Hyperactivity Disorder really is and how ADHD is diagnosed. Discuss what you can do to assist a child and family if a child is diagnosed with ADHD/ADD. Learn what the latest research indicates, and teaching strategies that can assist a child with ADHD.



Working with Mixed Age Groups

Tue, June 23 / 6:30 - 9:30pm / \$23
3 hrs (2 CD, 1 CUR) / T. Harris

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules, and meet the needs of each child. **This workshop includes 3 hours of Working with Mixed Age Groups.**

Using Literacy Skills Throughout the Day

Wed, June 24 / 6:30 - 9:30pm / \$23
3 hrs (2 CUR, 1 CD) / S. Peyser

Examine the foundation on which literacy skills are built and learn how to nurture literacy throughout the day. Work with other participants to explore rhyming word games, letter formation, letter identification, and more!

NEW! Family & Community Partnerships

Thu, June 25 / 6:30 - 9:30pm / \$23
3 hrs COM / J. Johnson

Gain a greater understanding of the importance of being an advocate for children and families through community partnerships. Participants will increase their awareness of the resources that are available in the community and develop strategies that will increase family involvement.

Infant/Child and Adult CPR/AED Certification

Sat, June 27 / 8 - 10:30am / \$40
Certification Only- Approved for Licensing / 1st Alert CPR
 Certified by the American Heart Association, valid for two years.

First Aid Certification

Sat, June 27 / 10:45am - 1:15pm / \$40
Certification Only- Approved for Licensing / 1st Alert CPR
 Certified by the American Heart Association, valid for two years.

Workshop Registration and Participation Guidelines



REGISTRATION is on a first-come, first-served basis. Payment is required at the time of registration. All receipts are e-mailed to the address provided at registration. This receipt is your confirmation of registration. Reminder emails are a courtesy and should not be viewed as the sole indication of registration. Pre-registration is required for all workshops. Your registration and payment must be received by 4:00 pm on the day of the workshop for all weekday workshops (by Friday for weekend workshops). Same-day registrations are accepted online until noon and by phone until 4:00 pm if space permits; call 410-313-1442 to check availability. Walk-ins will not be permitted to stay.

PAYMENT TYPES/FEES: You may register online, by phone (credit cards only) or by mail or in-person (credit card, check, or money order). Credit card charges may appear as ACT*Registration on your statement. There is a \$25 fee for returned checks.

LATE ARRIVALS: Workshops begin at the time stated in the calendar and your receipt. Plan to arrive 10-15 minutes early to sign in. If you arrive after the workshop begins, you will be asked to leave. You will not be eligible for a certificate, credit, or refund.

CERTIFICATES: Certificates will be mailed to participants who attend a workshop within 10 business days. All workshops are open to the public and are approved by the MSDE under training approval number CKO-30733.

CHANGE/CANCELLATION: If you cannot attend a workshop you have registered for, notify us at least 24 hours in advance to receive a credit for future use. Refunds will not be given unless OCS cancels the workshop. If there are extenuating circumstances which require you to cancel, call 410-313-1442 and leave a message. Messages must be left on the day of the workshop to be considered. Same-day cancellations are handled on a case-by-case basis. OCS reserves the right to change the location or instructor of a workshop. If a workshop is cancelled due to weather, instructor illness, etc., participants will be notified by phone by 4:00 pm. If possible, the workshop will be rescheduled; and participants will be notified by phone or email. You may call our main line 410-313-1940 for weather updates.

REPLACEMENT CERTIFICATES may be requested by calling 410-313-1442 or children@howardcountymd.gov. There is a \$5 fee per certificate reprint. Workshops are designed for adults only; please make appropriate child care arrangements in advance. This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education.



MARYLAND
FAMILY
NETWORK



Howard County OCS Training Workshop Registration

NAME _____ BIRTHDATE (MM/DD/YY) _____
MAILING ADDRESS _____
PHONES (H) _____ (W) _____ (C) _____
EMAIL _____
POSITION TYPE ____ FAMILY CC ____ CENTER STAFF ____ OWNER/DIRECTOR ____ OTHER _____

WORKSHOP TITLE	DATE	COST
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____

Please indicate if you require any special accommodations and our staff will contact you _____

Credit Card No. _____ Exp. Date _____ CVV _____
Name on Card _____

Registration and payment are required in advance for all classes and workshops.

Make Check/Money Order Payable to: Howard County Director of Finance

Mail Form and Total Payment to: Howard County OCS, 3300 N Ridge Rd, Suite 380, Ellicott City, MD 21043

CHILD AND ADOLESCENT RESOURCES AND EDUCATION for Howard County Families

THE CARE CENTER

- Behavior Issues
 - Finding Child Care
 - Child Care Assistance
 - County Resources
 - Special Needs
 - Parenting Classes
 - Health Care
- Mental Health Concerns
 - Grandparents Support
 - Financial Assistance
 - Support Groups
 - Adolescent Concerns
 - School Age Programs
 - Camps



410-313-CARE (2273) voice/relay

children@howardcountymd.gov • www.howardcountymd.gov/children

This free service is provided by the Howard County Office of Children's Services, with the support of Howard County Department of Citizen Services, the Howard County Local Children's Board, Maryland State Department of Education, Howard County Mental Health Authority and the Governor's Office for Children.

If you wish to opt out of receiving this publication,
email children@howardcountymd.gov or call 410-313-1940 (voice/relay)

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Children's Services for early care and education professionals
APRIL • MAY • JUNE 2015



Howard County Office of Children's Services
3300 North Ridge Road, Suite 380
Ellicott City, MD 21043



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